



WALKING THE JOURNEY OF FAITH

Confirmation Sponsor/Candidate Discussion Guide

The Guidelines for Confirmation states: "Catechesis for Confirmation should ensure that parents and sponsors are involved in the catechetical formation of the children for Confirmation" (National Directory for Catechesis, pp. 122-123 cited in the Guidelines for Confirmation for the Diocese of Superior approved by Bishop Christensen).

To help you with this Catechesis process the Catholic Formation department has developed this Sponsor/Candidate discussion guide. This provides an opportunity for you to discuss your faith experiences with your young adult. Your observations of your faith is one of the most powerful examples of living a life with God that you can share with your child.

"May God Bless and Guide you through this process"

If you have any concerns or questions, please contact me at 715-246-4652 or e-mail k.palmer@frontiernet.net.

Please Complete and return packet by April 2020

Candidate Name: _____

*Selected Saint Name: _____

Date Completed : _____

*Please note: Choosing a Confirmation name will be talked about in class. Make sure your child has picked out a saint. If they do not have one picked by February please go out to www.catholic.org/saints and help them find one.



Sharing your memories

Before you begin the journey toward Confirmation with your candidate... Let's take a step back in time and focus on who you were as a child. Recall your High School years: Walking through the halls, your classes, teachers, friends, your faith, activities etc. If you choose, share photos of your childhood, baptism, sports, and family gatherings.

Allow your candidate to ask you the following questions:

1. What extra-curricular activities were you involved in?
2. What did you do for fun?
3. What is one thing you remember being proud of or happy about?
4. What was a struggle or challenge you remember facing?
5. Do you recall ever feeling overwhelmed with all the pressures and decisions that you faced?
6. How were you involved in your church?
7. What did Confirmation mean to you? Did you appreciate it at the time?
8. Did you choose a saint?
9. What do you remember about the ceremony? Is it similar today?



Purpose

<https://purposeconfirmation.com/>

Session _____

Out of the session, What was the most relevant point?

What were some of your comments?

How can you apply what you learned today into your daily lives?



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